

Consumer Medicine Information GLP Peptide Weight Loss

If you have any concerns about using this medicine, ask your doctor or pharmacist.

This belongs to a group of medicines called 'GLP-1 receptor agonists' for weight Loss. There use is "off label or out of indication" and compounded for you at the request of your weight loss specialist / doctor at a protocol suitable for you. Your doctor would have done all pre-existing blood tests to make you eligible.

It is an injection that is used once a week is used to lower blood sugar, is used on its own if your blood sugar is not properly controlled by diet and exercise alone.

Peptides are only available on prescription in Australia. If you are allergic (hypersensitive) to GLP peptides or to any of the ingredients listed in the "Ingredients" section at the end of this leaflet. Symptoms of an allergic reaction may include:

- redness, swelling, rash and itching at the injection site
- rash, itching or hives on the skin
- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue, or other parts of the body.

STOP using the injections and go to Hospital if required. If you are not sure whether you should start using this medicine, talk to your doctor. Do not use this medicine after the expiry date on the pack / label.

Do not use GLP Peptides if you are breastfeeding.

GLP peptides are provided in a vial as a pre-filled injections for sub-cut administering

We start on a small number, and always talk to your doctor before increasing your dose.

You can give yourself the injection at any time of the day – regardless of meals. Do not take an extra dose or increase the dose to make up for a missed dose. If you are not sure what to do, talk to your doctor, or pharmacist.

If you experience any of the symptoms of a hypo, immediately eat sugary food or have a sugary drink, e.g., lollies, biscuits, or fruit juice. If you do get dizzy Avoid driving or using machines if you get any signs of low blood sugar, including dizziness.

All medicines can have side effects, listed below are side effects.

These side effects are usually mild and normally decrease with continued use. Tell your doctor if you notice any of the following and they worry you:

- decreased appetite
- headache
- vomiting (being sick)
- indigestion (dyspepsia)
- burping, wind (flatulence) or constipation
- heartburn
- painful or swollen stomach (abdomen)
- blocked or runny nose, sneezing, cough and/or sore throat (upper respiratory tract infection)

- injection site reactions (such as bruising, pain, irritation, itching and rash)
- feeling tired
- feeling dizzy
- changes to your vision or eyesight
- unpleasant, abnormal, or altered taste sensation
- increase in pancreas blood test results
- low blood sugar (a hypo)

Keep out of the reach of children. Disposal Dispose of used needles safely into a yellow plastic sharps container. If your doctor tells you to stop using this medicine or the expiry date has passed, discard any medicine that is left over or expired

Product description of GLP peptides is supplied as a clear, colourless, or almost colourless solution for injection in a prefilled needle or amber VIAL.

Peptides may also contain the following inactive ingredients:

- L-carnitine
- GLP peptide
- propylene glycol
- phenol
- hydrochloric acid
- sodium hydroxide
- water for injections.

Things to be careful of low blood sugar (hypoglycaemia) may affect your ability to concentrate. Avoid driving or using machines if you get any signs of low blood sugar, including dizziness. Talk to your doctor for further information. Ask your doctor, or pharmacist to answer any questions you may have. The most common side effects are diarrhoea and nausea. These side effects are usually mild and normally decrease with continued use. Tell your doctor if you notice any of the following and they worry you:

- decreased appetite
- headache
- vomiting (being sick)
- indigestion (dyspepsia)
- burping, wind (flatulence) or constipation
- heartburn
- painful or swollen stomach (abdomen)
- blocked or runny nose, sneezing, cough and/or sore throat (upper respiratory tract infection)
- injection site reactions (such as bruising, pain, irritation, itching and rash)
- feeling tired
- feeling dizzy
- changes to your vision or eyesight
- unpleasant, abnormal, or altered taste sensation
- increase in pancreas blood test results
- low blood sugar (a hypo).

Tell your doctor if you experience:

- gallstones
- inflamed gall bladder.

When initiating treatment with GLP peptides, you may in some cases experience dehydration because of vomiting, nausea, or diarrhoea. It is important to avoid dehydration by drinking plenty of fluids. Tell your doctor immediately or go to Accident and Emergency at your nearest hospital if you notice any of the following:

- severe and persistent pain in the abdomen (stomach area) which might reach through to your back, as well as nausea and vomiting. These can be symptoms of acute pancreatitis. Pancreatitis can be a serious, potentially life-threatening medical condition.
- an allergic reaction. Symptoms may include: - skin rashes over a large part of the body - shortness of breath, wheezing - swelling of the face, lips, or tongue - fast pulse - sweating. This list includes very serious side effects.

All GLP peptides are stored in the fridge. Storage Before opening: Keep your unopened vial and prefilled needles in a refrigerator (2°C to 8°C). Do not freeze. Discard after 30 days . Please watch this video <https://www.youtube.com/watch?v=Sjrlit0fYgo> on how to inject and draw up

Filling the Syringe With Medicine

1. Hold the syringe in your hand like a pencil, with the needle pointed up.
2. With the cap still on, pull back the plunger to the line on your syringe for your dose. ...
3. Insert the needle into the rubber top. ...
4. Push the air into the vial. ...
5. Turn the vial upside down and hold it up in the air.
6. Fill Insulin needle to 0.33. 0.66 or 1 ml as directed by your doctor
7. Dispose of needle safely, keep out of reach of Children
8. Email to re-order enquiries@compoundinglab.com.au if you have repeats

