

# The Compounding Lab

## Human Growth Hormone

### STORAGE

Our compounded Human Growth Hormone requires storage conditions between 2-8 degrees Celsius (refrigerated).

### WHAT IS IT USED FOR

Human Growth Hormone is a naturally occurring hormone in the body that is crucial in the growth and development of children. In adults it helps to decrease body fat.

This compounded medication is used when the body does not naturally produce enough of the hormone.

### WHEN NOT TO USE

Do not use this compounded medication if you are allergic to any of the ingredients in the product including benzyl alcohol

Do not use this medication past the BUD date written on the vial

Do not use this medication if you have a tumour

Do not use this medication in children whose bones have finished growing

Do not use this medication if you have dangerous and severe illness due to complications from open heart surgery or stomach surgery, multiple accidental traumas or if you have severe breathing failure.

### HOW TO USE

Human Growth Hormone should be injected under the skin (subcutaneous) or into a muscle (intramuscular).

Ensure you use a different injection site each day.

### SIDE EFFECTS

-pain, redness or swelling at the injection site

-headache

-weakness

-localised muscle pain

-swelling of the hands or feet

-fatigue

-nausea or vomiting

-cold symptoms

-tired feeling

If you experience any of the below side effects tell your doctor immediately or go to your nearest Emergency department

-a limp while walking

-persistent fatigue

-unusual or unexplained weight gain

-fast heartbeat

-allergic reactions (rash, swelling of the face, lips, mouth throat, wheezing, difficulty breathing)

-severe stomach pain or tenderness

**This is not a comprehensive list of side effects. If you develop any symptoms you are concerned about, please contact your doctor immediately.**