

## THYROID CONVERSION CHART

OUR Compounded Thyroid		Compounded NDT (Natural Desiccated Thyroid)	Oroxine/ Eutroxig/ Eltroxin (Lactose Free)	Nature-Throid/Westroid	Tertroxin or Compounded
(Immediate Release Capsules, Sustained Release Capsules +/- Conversion Co-Factors)*		(Thyroid Capsules)	(Levothyroxine Tablets)	(Thyroid Tablets)	(Liothyronine Capsules)
Compounded		Desiccated, Porcine, Compounded	Synthetic	Desiccated, Porcine	Synthetic
T4 (4.2)	T3 (1)	T4/T3	T4	T4/T3	T3
15 mcg	2.25 mcg	¼ grain (15 mg)	25 mcg (0.025mg)	¼ grain (16.25 mg)	5 mcg (only compounded capsules)
30 mcg	4.5 mcg	½ grain (30 mg)	50 mcg (0.05mg)	½ grain (32.5 mg)	
40 mcg	6.75 mcg		75 mcg (0.075mg)	¾ grain (48.75 mg)	10 mcg (only compounded capsules)
50 mcg	7.92 mcg		88 mcg (0.088mg)		
60 mcg	9 mcg	1 grain (60 mg)	100 mcg (0.1mg)	1 grain (65 mg)	25 mcg
42.56 mcg	10.08 mcg		112 mcg (0.112mg)		
75 mcg	11.25 mcg		125 mcg (0.125mg)	1 ¼ grain (81.25 mg)	
52.06 mcg	12.33 mcg		137 mcg (0.137mg)		
90 mcg	13.5 mcg	1 ½ grain (90 mg)	150 mcg (0.15mg)	1 ½ grain (97.5 mg)	
66.5 mcg	15.75 mcg		175 mcg (0.175mg)	1 ¾ grain (113.75 mg)	
120 mcg	18 mcg	2 grain (120 mg)	200 mcg (0.2mg)	2 grain (130 mg)	50 mcg
85.5 mcg	20.25 mcg			2 ¼ grain (146.25 mg)	
150 mcg	22.5 mcg			2 ½ grain (162.5 mg)	