

Methylene Blue Capsule / Troche

What is this medication?

METHYLENE BLUE (METH uh leen bloo) is an active that is used in certain diagnostic procedures and used for other purposes; ask your health care provider or pharmacist if you have questions.

What should I tell my care team before I take this medication?

They need to know if you have any of these conditions:

- cyanide poisoning.
- glucose-6-phosphate dehydrogenase (G6PD) deficiency
- kidney disease
- an unusual or allergic reaction to methylene blue, phenothiazines, thiazide diuretics, other medicines, foods, dyes, or preservatives
- pregnant or trying to get pregnant.
- breast-feeding

How should I use this medication?

Take this medicine by mouth with a full glass of water.

Follow the directions on the prescription label.

Take after meals.

Take your doses at regular intervals.

Do not take your medicine more often than directed.

Talk to your paediatrician regarding the use of this medicine in children.

Special care may be needed.

Overdosage: If you think you have taken too much of this medicine contact a poison control centre or emergency room at once.

NOTE: This medicine is only for you. Do not share this medicine with others.

What may interact with this medication?

Do not take this medicine with any of the following medications:

- bupropion
- certain medicines for depression or anxiety
- clomipramine
- doxepin
- duloxetine
- fluoxetine
- MAOIs like Marplan, Nardil, and Parnate
- milnacipran
- mirtazapine
- rasagiline
- selegiline
- St. John's wort
- trazodone
- tryptophan

This list may not describe all possible interactions.

Give your health care provider a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use.

Also tell them if you smoke, drink alcohol, or use illegal drugs.

Some items may interact with your medicine.



What should I watch for while using this medication?

Visit your doctor or health care professional for regular checks on your progress.

What side effects may I notice from receiving this medication?

Side effects that you should report to your doctor or health care professional as soon as possible:

- bladder irritation
- fever

Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome):

- blue-green coloration of urine and stools
- diarrhea
- nausea, vomiting
- skin discoloration

*darkening of STOOL colour

This list may not describe all possible side effects. Call your doctor for medical advice about side effects.

Where should I keep my medication?

Keep out of the reach of children.

Store at room temperature between 15 and 30 degrees C (59 and 86 degrees F).

Protect from moisture and light. Throw away any unused medicine after the expiration date.

NOTE: This sheet is a summary. It may not cover all possible information.

If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.

PHARMACY CONTACT

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