

# **BPC-157**

This leaflet provides important information about using BPC 157.

You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using BPC-157.

#### WHAT IS BPC-157?

BPC-157 is a pentadecapeptide made up of 15 amino acids. It is a partial sequence of the body protection compound (BPC) derived from human gastric juice. Experiments have shown that it heightens the healing of many di erent types of tissues, including tendon, muscle, nervous system, and is superior at healing damaged ligaments.

Patients who suffer from discomfort due to sprains, tears, and tissue damage may benefit from treatment with this peptide as it can increase blood flow back to the injured sites. BPC-157 may protect organs, prevent stomach ulcers, and heal skin burns.

## **BENEFITS**

Patient benefits over time include:

- Accelerated wound healing
- Decreased inflammation
- Increased fibrolast
- Nitric oxide improvement
- Improved digestive function
- Enhanced vascular expression of VEGFR2

### **TYPICAL PRESCRIBING PROTOCOL:**

 Prescribing is often based on body weight using a dose from 2mcg/kg to as much as 10mcg/kg twice daily.

- Commonly used doses range from 200mcg to 400mcg twice daily (400mcg to 800mcg daily).
- If used twice daily, intramuscular injection as close to the injury as possible or via subcutaneously for systemic purposes.
- Use for 2-4 weeks before discontinuing; cease therapy for 2 weeks, then restart therapy if required.

#### **PHARMACY CONTACT**

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