

Pyrrole Primer

This leaflet provides important information about using Pyrrole Primer.

You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Pyrrole Primer.

Where to find information in this leaflet:

- [1. Why am I using Pyrrole Primer?](#)
- [2. What should I know before I use Pyrrole Primer?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Pyrrole Primer?](#)
- [5. What should I know while using Pyrrole Primer?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using Pyrrole Primer?

Pyrrole Primer contains the active ingredients Zinc Picolinate, Pyridoxine Hydrochloride, Pyridoxine-5-Phosphate, Manganese, Vitamin E, and Magnesium Ascorbate.

Pyrrole Primer is a compounded product which contains a combination of active ingredients that may support zinc and vitamin B6 deficiencies caused from polyuria. Polyuria can lead to dehydration, electrolyte imbalances, and kidney issues, while deficiencies in zinc and vitamin B6 may result in immune dysfunction, skin problems, neurological issues, and mood changes.

Zinc Picolinate: Supports immune function and helps replenish zinc levels, which may be lost during excessive urination.

Pyridoxine Hydrochloride & Pyridoxine-5-Phosphate: Essential for numerous metabolic processes, these forms of vitamin B6 help address deficiencies that may contribute to polyuria.

Manganese: Plays a crucial role in various enzymatic reactions and supports overall metabolic health.

Vitamin E: Acts as an antioxidant, protecting cells from oxidative stress.

Magnesium Ascorbate: A form of vitamin C that also provides magnesium, essential for many biochemical processes in the body.

Your doctor may prescribe Pyrrole Primer for another purpose.

Ask your doctor if you have any questions about why

Pyrrole Primer has been prescribed for you.

There is no information on the use of this medicine in those below 18 years of age.

This medicine is available only with a doctor's prescription.

2. What should I know before I use Pyrrole Primer?

Warnings

Do not use Pyrrole Primer if:

- you are allergic to Zinc Picolinate, Pyridoxine Hydrochloride, Pyridoxine-5-Phosphate, Manganese, Vitamin E, and Magnesium Ascorbate, or any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine. Some of the symptoms of an allergic reaction may include:
 - ◆ shortness of breath;
 - ◆ wheezing or difficulty breathing;
 - ◆ swelling of the face, lips, tongue or other parts of the body;
 - ◆ rash, itching or hives on the skin.
- You are currently taking other forms of Zinc Pyridoxine, Manganese, Vitamin E, and Magnesium, including in supplements or medicines which effect these.
- Taking Pyrrole Primer with other supplements or medications that effect electrolytes may increase the risk side effects.
- Ask your doctor or pharmacist if you are not sure if you have been taking one of these medicines. Always check the ingredients to make sure you can use this medicine.



- You have serious problems with your kidneys. In patients with serious kidney disease Pyrrole Primer may increase the risk of side effects. Your doctor will be especially careful if Pyrrole Primer is given at the same time as any medicine which may affect how your kidneys eliminate medicines for example carvedilol, propranolol, and metformin.
- Do not take Pyrrole Primer if the packaging is torn or shows signs of tampering.
- Do not take Pyrrole Primer if the expiry date (EXP) printed on the pack has passed.

If you take this medicine after the expiry date has passed, it may not work as well.

Check with your doctor if you:

- you are allergic to any other medicines, foods, dyes, or preservatives take any medicines for any other condition
- you have or have had any other health problems or medical conditions, including:
 - ◆ Problems with your kidneys, liver or heart

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

Your doctor will discuss the benefits and risks of using Pyrrole Primer when pregnant or breastfeeding.

3. What if I am taking other medicines?

Some medicines may interfere with Pyrrole Primer and affect how it works.

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a

prescription from your pharmacy, supermarket or health food shop.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Pyrrole Primer.

4. How do I use Pyrrole Primer?

How much to take / use

- Follow the instructions provided and use Pyrrole Primer until your doctor tells you to stop.
- A variety of factors are taken into consideration when developing a treatment regimen and dosing needs to be titrated to individual requirements.

Capsule:

The usual recommended starting dose is 1 capsule in the evening daily taken with a meal. The dose should then be increased after several days to 2 capsules, if well tolerated.

- Swallow each capsule whole, with a drink of water.
- Do not divide, crush, dissolve, suck or chew the tablet, as this may increase your risk of side-effects.

Cream:

- Before applying the cream, wash the affected area with mild soap and water, then pat dry gently. Use clean fingers or a clean applicator to apply a 0.5-1mL (1-2 pumps) up to twice daily of the cream to the affected area. Gently massage it in until fully absorbed.
- After application, wash your hands thoroughly to avoid unintentional contact with other areas or surfaces.
- Rotate sites daily to ensure efficacy and reduce side effects.
- Do not apply the cream to broken skin or sensitive areas such as eyes or mucous membranes.
- **Staining Caution:** Be aware that this product contains vitamin B6, which may cause staining on skin or fabrics. Allow the cream to absorb



completely before dressing and avoid contact with clothing or bedding until fully dry.

If you forget to use Pyrrole Primer

Pyrrole Primer should be used regularly at the same time each day. If you miss your dose at the usual time, do not take a double dose to make up for the dose you missed.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose you missed.

If you use too much Pyrrole Primer

If you think that you have used too much Pyrrole Primer, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

If you take too much Pyrrole Primer, you may experience:

- **Gastrointestinal discomfort**
- **Allergic reactions (rash, itching)**
- **Headache**

5. What should I know while using Pyrrole Primer?

Things you should do

Keep all your doctor's appointments so your progress can be checked.

Your doctor may do some tests from time to time to prevent unwanted side effects.

Call your doctor straight away if you:

- are about to be started on any new medicines, remind your doctor or pharmacist that you are taking Pyrrole Primer.

- are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine.

It may affect other medicines used during the surgery.

- If you become pregnant while taking this medicine, tell your doctor immediately.
- If you are about to have any blood tests, tell your doctor that you are taking this medicine.

It may interfere with the results of some tests.

Remind any doctor, dentist or pharmacist you visit that you are using Pyrrole Primer.

Things you should not do

- Do not take Pyrrole Primer to treat any other complaints unless your doctor tells you to.
- Do not give your medicine to anyone else, even if they have the same condition as you.
- Do not take more than the recommended dose.
- Do not stop taking your medicine or change the dosage without checking with your doctor.
- If you stop taking it suddenly, your condition may worsen, or you may have unwanted side-effects..

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Pyrrole Primer affects you.

This medicine may cause dizziness or a feeling of unsteadiness in some people. If you have any of these symptoms, do not drive, operate machinery or do anything else that could be dangerous.

Drinking alcohol

Tell your doctor if you drink alcohol.

Looking after your medicine

- Keep your tablets/cream in their container until it is time to take/use them. If you take the tablets out of their container they may not keep well. Discard unused/left out medication appropriately.
- Keep Pyrrole Primer in a cool, dry place where it stays below 25°C.



Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

A locked cupboard at least one-and-a half metres above the ground is a good place to store medicines.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

Pyrrrole Primer helps most people with MS, but it may have unwanted side effects in some people.

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
Gastrointestinal Issues: <ul style="list-style-type: none"> • Nausea • Vomiting • Diarrhea • Stomach cramps • Metallic Taste (capsule) Allergic Reactions: <ul style="list-style-type: none"> • Rash • Itching Non-specific issues: <ul style="list-style-type: none"> • Headache 	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

- | | |
|-------------------------|--|
| • Fatigue or Drowsiness | |
|-------------------------|--|

Serious side effects

Serious side effects	What to do
Allergic reaction-related: <ul style="list-style-type: none"> • Difficulty breathing (shortness of breath) • Swelling of the face, mouth, lips, throat, or tongue • Reddening or itching of the skin <p>These are very serious side effects. You may need urgent medical attention or hospitalisation.</p>	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p> <p>Serious side effects are rare.</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.



What Pyrrole Primer contains

Active ingredient (main ingredient)	Zinc Picolinate, Pyridoxine Hydrochloride, Pyridoxine-5-Phosphate, Manganese, Vitamin E, and Magnesium Ascorbate
Other ingredients (inactive ingredients)	None
Potential allergens	None

Pyrrole Primer does not contain lactose, sucrose, gluten, tartrazine, or any other azo dyes.

Do not take this medicine if you are allergic to any of these ingredients.

Who distributes Pyrrole Primer

The Compounding Lab

1/45 Crosby Rd, Albion, Brisbane QLD 4010

CALL: 07 3862 6000 / 1300 282 311

FAX: 07 3256 0801

EMAIL: enquiries@compoundinglab.com.au

ORDER ONLINE: www.compoundinglab.com.au

ORDER APP: [thecompoundinglab](https://thecompoundinglab.com)

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