

Tadinophil Troche

This leaflet provides important information about using Tadinophil Troche. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Tadinophil Troche.**

Where to find information in this leaflet:

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1. Why am I using Tadinophil Troche?

Tadinophil Troche contains the active ingredient tadinophil.

Tadinophil is a compounded medication commonly used to treat erectile dysfunction (ED). It works by increasing blood flow to the penis, helping to achieve and maintain an erection during sexual stimulation.

Your doctor may prescribe Tadinophil Troche for another purpose.

Ask your doctor if you have any questions about why Tadinophil Troche has been prescribed for you.

There is no information on the use of this medicine in those below 18 years of age.

This medicine is available only with a doctor's prescription.

2. What should I know before I use Tadinophil Troche?

Warnings

Do not use Tadinophil Troche if:

- You are allergic to tadinophil or any of the ingredients listed at the end of this leaflet.
- Always check the ingredients to make sure you can use this medicine. Some of the symptoms of an allergic reaction may include:
 - shortness of breath;
 - wheezing or difficulty breathing;
 - swelling of the face, lips, tongue or other parts of the body;
 - rash, itching or hives on the skin.
- You are currently taking other forms of PDE5 inhibitors (e.g. sildenafil), alpha blockers (e.g. prazosin) or nitrates (e.g. nitroglycerin).
- Taking Tadinophil Troche with other forms of cardiovascular affecting medications may increase the risk of side effects.
- Ask your doctor or pharmacist if you are not sure if you have been taking one of these medicines. Always check the ingredients to make sure you can use this medicine.
- Do not take Tadinophil Troche if the packaging is torn or shows signs of tampering.
- Do not take Tadinophil Troche if the expiry date (EXP) printed on the pack has passed.

If you take this medicine after the expiry date has passed, it may not work as well.

Check with your doctor if you:

- You have heart, blood pressure, liver or kidney issues.
- You are allergic to any other medicines, foods, dyes, or preservatives take any medicines for any other condition
- You are sensitive to tadinophil or any of the ingredients listed at the end of this leaflet.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

This product is not intended for people with the ability to become pregnant or breastfeed.

Talk to your doctor if you are breastfeeding or intend to breastfeed.



3. What if I am taking other medicines?

Some medicines may interfere with Tadinophil Troche and affect how it works.

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

If you are currently taking other forms of PDE5 inhibitors (e.g. sildenafil), alpha blockers (e.g. prazosin) or nitrates (e.g. nitroglycerin). Do not use this medicine and discuss alternatives with your doctor or pharmacist.

Grapefruit juice may interfere with tadinophil effectiveness. Do not consume while taking this medication.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Tadinophil Troche.

4. How do I use Tadinophil Troche?

How much to take / use

- Follow the instructions provided and use Tadinophil Troche unless your doctor tells you to stop.

Dose according to doctor's instructions. Take approximately 30 minutes to 1 hour before sexual activity.

Place the troche under your tongue and allow it to dissolve completely. Do not swallow whole. Avoid food and drink for 30 minutes before and after administration for optimal absorption.

- Follow the instructions provided and use Tadinophil Troche unless your doctor tells you to stop.

When to take / use Tadinophil Troche

- Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.
- Dose according to doctor's instructions. Take approximately 30 minutes to 1 hour before sexual activity.

How to take Tadinophil Troche

- Take Tadinophil Troche exactly as your doctor has prescribed.
- Place the troche under your tongue and allow it to dissolve completely. Do not swallow whole. Avoid food and drink for 30 minutes before and after administration for optimal absorption.
- Do not divide, crush, suck or chew the troche, as this may increase your risk of side-effects.

If you forget to use Tadinophil Troche

Do not take a double dose to make up for the dose you missed.

If you use too much Tadinophil Troche

If you think that you have used too much Tadinophil Troche, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

If you take too much Tadinophil Troche, you may experience:

- **Headache**
- **Flushing**
- **Nasal congestion**
- **Dizziness**
- **Sudden vision loss (blurry vision)**



- **Hearing loss**
- **Priapism (prolonged erection over 4 hours)**

5. What should I know while using Tadinophil Troche?

Things you should do

Keep all your doctor's appointments so your progress can be checked.

Your doctor may do some tests from time to time to prevent unwanted side effects.

Call your doctor straight away if you:

- are about to be started on any new medicines, remind your doctor or pharmacist that you are taking Tadinophil Troche.
- are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine.

It may affect other medicines used during the surgery.

- If you become pregnant while taking this medicine, tell your doctor immediately.
- If you are about to have any blood tests, tell your doctor that you are taking this medicine.

It may interfere with the results of some tests.

Remind any doctor, dentist or pharmacist you visit that you are using Tadinophil Troche.

Things you should not do

- Do not take Tadinophil Troche to treat any other complaints unless your doctor tells you to.
- Do not give your medicine to anyone else, even if they have the same condition as you.
- Do not take more than the recommended dose.
- Do not alter the dosage without checking with your doctor.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how Tadinophil Troche affects you.

This medicine may cause dizziness or a feeling of

unsteadiness in some people. If you have any of these symptoms, do not drive, operate machinery or do anything else that could be dangerous.

Drinking alcohol

Avoid alcohol and other medication that may cause sedation.

Tell your doctor if you drink alcohol.

Looking after your medicine

- Keep your troches in their container until it is time to take them. If you take the troches out of their container they may not keep well.
- Keep Tadinophil Troche in a cool, dry place where it stays below 25°C.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Heat and dampness can destroy some medicines.

Keep it where young children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

Tadinophil Troche helps most people with ED, but it may have unwanted side effects in some people.

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.



See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
Digestion system-related: <ul style="list-style-type: none"> • Feeling sick (nausea) • Being sick (vomiting) • Constipation • Upset stomach Nervous system-related: <ul style="list-style-type: none"> • Dizziness • Spinning sensation (vertigo) • Increased heart rate • Decreased blood pressure • Blurry vision Nonspecific side effects: <ul style="list-style-type: none"> • Headache • Feeling weak • Difficulty sleeping • Feeling thirsty 	<p>Speak to your doctor if you have any of these less serious side effects and they worry you.</p>

Serious side effects

Serious side effects	What to do
Genitourinary effects: <ul style="list-style-type: none"> • Priapism (prolonged erection over 4 hours) Allergic reaction-related: <ul style="list-style-type: none"> • Difficulty breathing (shortness of breath) • Swelling of the face, mouth, lips, throat, or tongue • Reddening or itching of the skin These are very serious side effects. You may need urgent medical attention or hospitalisation.	<p>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</p> <p>Serious side effects are rare.</p>

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What Tadinophil Troche contains

Active ingredient (main ingredients)	tadinophil
Other ingredients (inactive ingredients)	Troche base (PEG-32, Acacia Senegal Gum, Silica, Purified Stevia Extract, Sodium Saccharin)
Potential allergens	None

Tadinophil Troche does not contain lactose, sucrose, gluten, tartrazine, or any other azo dyes.

Do not take this medicine if you are allergic to any of these ingredients.

Who distributes Tadinophil Troche

The Compounding Lab

1/45 Crosby Rd, Albion, Brisbane QLD 4010

CALL: 07 3862 6000 / 1300 282 311

FAX: 07 3256 0801

EMAIL: enquiries@compoundinglab.com.au

ORDER ONLINE: www.compoundinglab.com.au

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